

# www.fengshuisteps.com

## Newsletter—Issue # 2—June 2004

☺ Welcome ☺

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Please submit your article, comments or contribution to [roselinedeleu@hotmail.com](mailto:roselinedeleu@hotmail.com) before 1 September 2004 to prepare the next issue. Thank you.

### 1. 📖 BOOK REVIEWS 📖

#### **“Love Remedies” by Juta Stepanov**

Discover how Australian flower essences can re-balance your energies. The author, Juta Stepanov extracts flowers essence without hurting or damaging the flower. This act of giving with love radiates stronger and gets a deeper results for those who take them. This book is also available as E-book with colour pictures.

RRP \$15.00 for the printed edition  
Order [www.happyology.com](http://www.happyology.com)

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**“Your Easy First Steps to Feng Shui”**                      **“Vos Premiers Pas Faciles en Feng Shui”**  
**Is now available in FRENCH language**  
**on CD as a pdf file only (for the moment).**  
**by Roseline Deleu**

Buy this book for first for yourself... and you will quickly be inclined to buy additional copies as it is a great present for birthday, Mother's day or any other occasion. This book is filled with many true stories and everyday examples that will encourage and inspire every reader.

RRP \$15.00 for the printed edition (English only) + p&h  
RRP \$12.00 for the E-book English or French (read-on CD .pdf file) = p&h  
Order on this website see “Books & CD's”

#### **Your story**

This is your space!

Write and share your story with the rest of the world. Don't be shy and email me NOW.

Try to illustrate it with a photo if possible.

## 2. TRUE STORY

### **The Magic of Feng Shui**

When I listened to Roseline's enthusiastic lecture on "Feng Shui for Love" last month, I could not wait to implement some of her suggestions. I bought her book and read it the same evening. The week-end was the perfect time to change things around the house and two days later... I started getting results.

I have always been wishing to meet a man and wrote 7 years ago 5 qualities I would like to find in him. Since, I have not been very lucky and met some who had only one or two. After my Feng Shui adjustments, a male colleague invited me for dinner and guess what ! he has the 5 qualities that are important to me. It was a simple and nice dinner, no romance yet (future will tell) but I am so wrapped of the Feng Shui Magic that I can only encourage people to try to apply Roseline Deleu's tips too.

That is not all... I was not feeling too confident at work and was not coping very well. I adjusted my '1' and '9' sectors of the house and instead of being the next one on the list for being made redundant, I now feel that I know what I am doing and am getting daily compliments, recognition and acknowledgements.

Julie



*A picture of Fire in your sector '9' of the house will give a boost to your well-being and recognition.*

## 3. A NEW BOOK IN PREPARATION

The success of my first book and the encouragements of clients and students led me in the path of writing a second book co-authored with a wonderful person Jutta Clark (H.R. specialist).

*'Your Feng Shui Steps for Career'* should hopefully be ready by Christmas 2004.

**I welcome all your stories in relation to Feng Shui adjustments and career changes and will be proud to publish them. Email me at [roseline@fengshuisteps.com](mailto:roseline@fengshuisteps.com)**

Thank you very much

Roseline Deleu 😊

## 4. IS 4 A BAD NUMBER ?

To Asian people mainly from Chinese origin, the number 4 is bad luck as in Chinese 'four' sounds like the word 'death'. Streets in Hong Kong have no number 4 house and in elevators you see 3rd floor and then 5th floor. No 4th floor! Definitely for them \$ is bad luck.

To non-Asian background people, this seems just like a very superstitious belief. Our past, history and cultures are different. To me number four is on the contrary very auspicious. In the Ba Gua it represents 'Abundance, Wealth and Money'.

Denise Lynn author of 'Sacred Space' says that the challenging aspects of a '4' home are : Work, work, work and no play. If you feel this happening, take a day to be madcap and carefree. Be silly. There can also be a tendency to hoard or to be stubborn. Remember, there is always enough. Loosen up! Life is not as serious as it sometimes seems.

A home with a good vibration is stable and secure energy. It symbolizes solid foundations and protection. If you have been experiencing instability and uncertainty in your life, move in a '4' house. In this house you will find your roots and plant the seeds of your dreams.

So a '4' home is not bad at all! Always look at the bright side of Feng Shui!

Roseline Deleu 😊

## 5. FENG SHUI—SACRED GEOMETRY & MAGIC SQUARES

Feng Shui and Magic Squares have many commonalities: They define a sense of harmony, correct placement, space and form, equality and a sense of elegance.

4	9	2
3	5	7
8	1	6

The Magic Square of 3x3 is one of those few ancient and cryptic Number Codes that is embedded into the mass consciousness. Many people know of it as a card trick, arranging 9 cards into a square ensuring that all sums throughout are equal.

Representing Order amidst the apparent Disorder displayed in Life, the 'Lo-Shu' (pronounced, Lo-Su) is the Centre of the Sino-Tibetan Calendar/Cosmology. The ancient Indian seers referred to the Lo-Shu not only as a Time Calendar but also as a Space Matrix or Code that governed the sacred architecture of their Temple's blueprint or ground-floor plans.

The Lo-Shu defines energetically the optimum Path of Least Resistance, as in the way water flows.

In effect, the Lo-Shu is the simplest blueprint that unifies all complex Life components. Not only is it linked to the workings of the D.N.A molecule but it is part of our Ascension Process.

The Latin axiom: 'e pluribus, unum' applies in Feng Shui and Magic Squares, meaning: 'Out of the Many, the One'. Each individual part or cell of any system, whether it be crystal or human must be honoured in respect to the Greater Whole, in all Time, in all Space... unconditionally.

One definition of Feng Shui details the aesthetic placement of objects; this is similar to the divine order of the placement of numbers in a magic square. Notice that all the pairs around the center of the magic square of 3x3 have a sum of double the central cell. That is, 1 and 9 =10, 2 and 8 =10, 3 and 7 =10, 4 and 6 =10.

Our Society is a Magic Square which displays internal hidden symmetry. Each farmer, tradesperson, student, banker or teacher has his specific place in the greater scheme of the Magic Square which is 'equality in all dimensions and levels': what is to the left, is the same as what is to the right, As Above, So Below... we are all connected to the Centre.

**Note:** JAIN is holding two fascinating workshops in Canberra over 1 weekend ONLY.

Saturday 19<sup>th</sup> June 2004 'The Universal Formulae'

Sunday 20<sup>th</sup> June 2004 'Lost Secrets of the PHI Code'.

Check his web site for more information and booking: [www.jainmathemagics.com](http://www.jainmathemagics.com)

**JAIN workshops in Canberra and Sydney**

Teacher and author of 8 fascinating books, Jain is one of very few people in the world who has mastered multiple forms of ancient knowledge His popular workshops 'The Universal Formulae' and 'Lost Secrets of the Phi Code' are spectacular. In August 2004 he is teaching Vedic Mathematics, Magic Squares and 3-Dimensional Sacred Geometry at the Global Conference of Feng Shui and Sacred Geometry in California.

**The Universal Formulae 1-day workshop Canberra Saturday 19th June - Sydney 26th June 2004**

Find out how to accomplish complex and rapid calculations... in your head. Most people are visual and have the ability to tap into 'Pattern Recognition' which is the key to rapid mental calculation.

For more information and booking on line:  
[www.jainmathemagics.com](http://www.jainmathemagics.com)

**Lost Secrets of the PHI Code 1-day workshop Canberra Sunday 20<sup>th</sup> June - Sydney 3rd July 2004**

- Discover hidden mysteries and secret codes concealed in the GAYATRI MANTRA, the most famous Eastern prayer for Enlightenment.
- Embrace part of the ascension process already morphologically and geometrically encoded into our bio-magnetic and bio-electrical fields.
- Explore Sacred Geometries that are invisibly constructed and nested within the Heart, connecting us to all Memory of all Universes. Find out how our human body is in resonance with the Living Mathematics of Nature.

## 6. INNER FENG SHUI

I went to a wonderful week-end course and re-discovered the inner Feng Shui love remedies. Juta Stepanov and Harald W. Tietze wandered with us in the meanders of flower essence and made us discover or re-discover our intuition. I am using them and am monitoring our family changes. I keep you posted in the next newsletter. In the meantime read about what they are and how they work.

Roseline Deleu



Harald W. Tietze  
Juta Stepanov

### **What are Flower Essences?**

Flower essences too, work on an energetic level to create wellness. Flower essences are the energy imprints of flowers and their environment, preserved in water and a small quantity of brandy. Each flower has its own particular characteristics and hence its own unique imprint and information about its environment recorded in the essence. They are nature's gift to our healing.

### **How do Flower Essences Work?**

Flower essences bring about mental and emotional balance by primarily influencing our body's energy systems. According to Gurudas, "Flower Essences and Vibrational Healing" and "The Spiritual Properties of Herbs", flower remedies are assimilated into the bloodstream when ingested or absorbed through our skin. The remedies create an electromagnetic current in the circulatory and nervous system and activate the meridians. They amplify and balance the chakras, the body's energy centres, under the Indian energy system. The chakras in our physical body correspond closely to our body's endocrine system, which governs all hormonal activity, and catalyses many of our mental, physical and emotional functions. The flower essences influence our body's energy system, which include the chakras, meridians and aura through the principle of resonance. All living things in nature influence each other by "tuning in" or vibrating in harmony with each other via resonance. For example, we are able to tune our radio to a particular station because we are tuning the crystals in the radio to resonate with the frequency that the radio station sends out. If you were to put two mechanical grandfather clocks together, with their pendulums swinging at different points in time, they will soon swing in accord through resonance. Similarly, flower essences coax our body gently and powerfully to harmony by influencing the energy patterns in our body to vibrate in health and harmony with them. Although flower essence societies and researchers have collected thousands of case studies that show flower essences successfully relieve people of their mental and emotional blocks, standard scientific experiments have had little success in proving or disproving the effectiveness of flower essences. That is because there is still has no technical means to research the "active ingredient" of flower essences, just as there is has no real technical means to measure life force. This makes the task of establishing **why** wild flower essences have a positive result an issue for modern medicine to solve. It is important for all of us that wild flower essences **do** work and only of interest to a minority of people **why** they work.

### **Love Remedies Party**

Come and discover how you can heal your imbalances with the Love Remedies. Four Intuitive Therapists will be there for you!

**Free reading for each participant**

**Entry fee : \$ 10 per person**

When ?

Tuesday 22 June 2004

At 10.30 AM (morning)

I just wanted to share with you that...

Mirtha Abello has been using the Love Remedies for the last years. Every time I am going to her for a massage I always get new ideas coming into my mind.

Mirtha organized the last Intuitive Practitioner Course in Canberra and was hosting Juta Stepanov and Harald Tietze. I did participate and finally understood why Mirtha's massage made me so creative... her secret is the Love Remedies!

Tuesday 22 June 2004

At 10.30 AM (morning)

At 6.00 PM and at 7.30 PM (evening)

Where ?

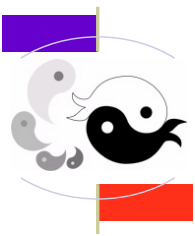
In Chifley-Woden (Canberra)

Bookings essential call (02) 6260 35 99 or 0412 717 454 so we can give you the address for the party. Limited numbers per session so we can take care of all of you!

Remedies!

If you wish to discover more about those flower essences, come along on Tuesday 22 June 2004 in Woden. Another party is planned for end July in North Lyneham.

**Would you like to host a party for your friends? Contact Roseline Deleu, she will put you in contact with your nearest Intuitive Therapist.**



## **7. What is Spiritual Healing**

Spiritual Healing is the healing of the sick in body, mind and spirit by divine energies obtained by attunement through prayer and meditation, whether or not in the presence of the patient. The divine energies are transformed from the spiritual level by the agency of a trained Healing Therapist so that they can induce a beneficial effect upon the patient's own energy field or personal life force, and upon the person as a whole on all levels of body, mind and spirit. In individual cases of illness or stress these energies can be directed and applied to a particular disease or imbalance in the life force within the person to stimulate natural recovery and to bring peace of mind.

It is not necessary to have any faith, but a strong desire to be well does help. Spiritual Healing is above differences in religion, encompassing the ancient practice of "laying-on-of-hands". Spiritual Healing goes to the deeper levels of a person's being where many illness have their origin (stress, tension, fatigue) so that symptoms disappear when the cause is removed. Putting up a barrier in your mind blocks the flow of healing energies, so let yourself have an open mind while waiting patiently and confidently. Try not to feel angry and resentful about your illness and tell yourself that you are moving towards greater harmony of body, mind and spirit.

Spiritual Healing can hasten the recovery from serious illness, surgery, or the effects of treatment such as chemotherapy or radiation. It works well in conjunction with orthodox or holistic medicine and with the new approaches to cancer therapy. Sometimes one treatment is enough, but more often than not beneficial results appear gradually. Patients receiving Spiritual healing over a period of time usually feel relaxed and peaceful, both physically and emotionally. This often applies even in cases of terminal illness where the patient acquires a serenity that brings comfort and peace through healing at spiritual levels.

Apart from its therapeutic effect in relieving pain and in the restoration of function, Spiritual Healing or "laying-on-of-hands" is notable for marked improvements in patients attitude and their quality of life.

Healers do not give advice which conflicts with that given by the doctor nor do they interfere with medically prescribed treatments.

Janet is the Canberra representative for the National Federation of Healers Australia, as well as a member of the National Federation of Spiritual Healers in England and New Zealand. She holds monthly meetings for people who are interested in finding out more as well as receiving healing. These meetings are very well attended so please phone and make a booking.

[www.janetsholistichealingcentre.com](http://www.janetsholistichealingcentre.com)

4 Ballarat Street, Fisher (Canberra) Australia

phone 6287 4000 mobile 0410 439 031

## **8. Feng Shui for the Straight Guy**

We may have reality TV coming out of our ears but who doesn't enjoy a good home makeover show? I adore them! From the Designer Guys to Changing Rooms, I love to see what creations await those brave enough to let 'celebrity' designers loose on their homes.

It's an interesting concept to have your home made over without any involvement in the process. No pouring over furniture brochures, fabric swatches and paint chips! Each design choice left to the discretion of the designer. Wonderful creative ideas but do they really know you and your home? For many, the new decor creates a welcome shift of energy and vibrancy in themselves and their homes. For others, it's dread and tears. Never mind another lick of paint will make it right.



Or will it?

The common theme here is that people get 'stuck' on a decorating style for a particular room much like we get stuck in certain areas of life. The key is to identify the 'where and why' this is happening and that's when the art of Feng Shui comes into play. In Feng Shui we use the analogy that your home is a reflection of who you are and what is happening in your life at the moment. And this concept can be related to interior decorating. Each room tells its own story. For those couples unable to design an intimate bedroom space there may well be a correlation to lack of intimacy in their relationship. A drab uninviting living room is seldom nurturing as a worn out kitchen with an empty fridge is seldom nourishing.

Incorporating Feng Shui into the design process means going deeper than a cosmetic facelift. It's through understanding the intimate relationship between the client and their home that real harmony and balance can be created. Most people don't recognize energy blocks or negative energy flow in their home or how these subtle forces may be affecting them day in day out. It presents itself in many shapes and forms with the power to stop you moving forward in life maybe even causing stress and illness. It is clutter, incorrect placement of furniture, sharp pointed corners (poison arrows), color, geopathic stress, electromagnetic frequencies (EMF's). The list goes on. The beauty of Feng Shui is that it provides an energetic blue print of the home and how it relates to the people living in it. Change comes from within yet when combined with shifting the energy of the home, the results can be amazing.

Feng Shui in decorating is also understanding the relationship between the client and the five elements of wood, fire, earth, metal and water. Their importance in the overall design cannot be underestimated. They are apparent in the color scheme, window dressings, floor coverings, types of furniture and decorative items. A person with strong fire characteristics might find themselves at boiling point in a hot pink (fire) room. Equally being around lots of green and wood will only fuel their fire where as earthy tones might be just the ticket to achieving calm and serenity. *(For anyone not familiar with the five elements, they work in different cycles and this example uses the 'production' cycle where wood gives its energy to feed fire. Fire gives its energy to create earth. Earth gives it energy to produce metal. Metal gives its energy to produce water. And water gives its energy to feed the wood.)*



Let's get back to makeover shows. My favorite is definitely *Queer Eye for the Straight Guy*. No so much because the 'Fab Five' love couture and cocktails. No, my interest lies very much in the relationship between twenty to thirty something males and their homes. What us gals have known for years, and this program brings it to the forefront, is that some men (and not all), don't have or understand the need for a connection with their home. So what? They are young, successful and so sociable that there's never time to stay in any way! Busy work and social lives are often an excuse for piles of laundry, empty pizza boxes, messy bathrooms and compromised living. The point that gets missed is that every one of us needs a special place, our own personal sanctuary to retreat to at the end of each day. A safe space that keeps us grounded and allows us to recharge for the day ahead.

Where you live should be home no matter what stage in life, and home feels like home when you surround yourself with things you love. Everything in the universe holds energy, positive and negative. Every minute, every day spent surrounded by things you don't love or that hold negative energy affects you at a conscious and subconscious level. Eventually, this way of living will wear you down, mentally or physically. Apply the doctrine of signatures and a broken item can relate to something 'broken' in your life. Going out becomes subconscious excuse for not wanting to spend time in the home. And why would you choose to spend time in a place that reflects back to you those areas of life that aren't working or that you don't want to deal with?

What the Fab Five do well is highlight the need for men to spend a little more time and effort on themselves and their home. Adding Feng Shui to the mix creates a home that nurtures inner peace, empowerment and a foundation to achieve objectives in life.

Feng Shui for the straight guy? Probably the hardest group to convenience of its benefits but programs like Queer Eye expand the possibilities. One day, in the not too distant future, Feng Shui will nicely integrate itself into the 'metro males' repertoire. It will be considered groovy and important. Everyone deserves to live in harmony. Even guys!

#### Tips

- If you are struggling to find the right design for a room, ask yourself why
- Check what's missing or not in balance in your life or the life energy of the room
- Note the things that you don't love and remove them
- Let go of any items what hold negative history from past relationships
- Fill the space with colors and décor that feels supportive, nurturing and that you love
- Have a professional Feng Shui consultant work with you and your designer to assist you in creating an holistic space that truly supports you
- have fun!

Dawn Southgate

Airium Feng Shui Living 0422 075 116

## 9. Love Remedies-New Breakthrough in Vibrational Healing.



**Love Remedies are produced with 100% living plant-specific extract.**

This new gentle extraction makes it possible to create a remedy without any harm or any negative influence to the plants, keeping the life-force in balance and harmony, giving us only its purest elixir with love, the pure Alpha-essence

Become Your Own Healer. Regain the power of your intuition and discover a new world within.

"Follow your inner guidance, select your own remedy, have trust and faith in your intuition. I'm sure that we all have the same sense as animals do - an "unbelievable" instinct". Juta Stepanovs

**Inner Feng Shui Remedies:** is a combination of **love remedies and essential oils**

The inner Feng Shui remedies such as **Purification-Healing-Protection** may help to clear clutter internally specially when experiencing emotional upsets that create a negative imbalance in the electromagnetic field (aura), which affects the state of our physical, emotional, mental and spiritual wellbeing.

#### Testimony

*I always believe that action is the most important part of the processes to achieve what we want, so I follow my dear friend Roseline Deleu advice Feng Shui principle, I change things in my home, I attend her collage session and as well use the love remedies inner Feng Shui combined with others positive method including a good nutrition, all of this has produce a clear and very positive change in my life.*



If you want to know more please call me at 02 62428902 (w) 0404847636 (mob)  
or e-mail [mabello@austarmetro.com.au](mailto:mabello@austarmetro.com.au)

Even better, join us Tuesday 22 June in Chifley for a **Love Remedies party**. Three sessions : 10.30 AM while children are at school and later in the evening 6.00 PM and 7.30 PM. Call Roseline 6260 35 99 or Mirtha 6242 8902 for bookings (limited numbers so we can take care of all of you). Entry \$ 10 per person. FREE reading for every participant. Personalised love remedies available on the day; price start from \$ 12.95 (balm), \$15 (your personalised drops), \$ 20 (your personalised spray) etc...

**NEW COURSES** : Love Remedies workshops 4 weeks every Monday 6.00 -> 9.00 PM at the Slovenian Club in Woden \$ 180 per person for the 4 weeks. Enrolments latest by 25 July 2004 call Roseline 6260 35 99 or Mirtha 6242 89 02. Start Monday 2 August 2004. Suitable for everyone!

Mirtha Abello

## **10. CLASSIFIEDS**

### **You de-clutter...**

I would like to find a pre-loved surfboard suitable for a beginner 12 y.o. If you have one of those sleeping in your garage, let me know! Send me an email to [roseline@fengshuisteps.com](mailto:roseline@fengshuisteps.com)

### **I de-clutter...**

I have a pre loved loft 1 person bed (black colour) in metal.  
\$ 80 only—Send me an email to [roselinedeleu@hotmail.com](mailto:roselinedeleu@hotmail.com)

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