

😊 Welcome 😊

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Please submit your article, comments or contribution to roselinedeleu@hotmail.com before 1 December 2004 to prepare the next issue.

Thank you.

Roseline Deleu

1. 📖 **BOOK REVIEW** 📖

**“Healthy Home and Healthy Office”
by Reinhard Kanuka-Fuchs**

Reinhard Kanuka-Fuchs is the founder of the Building Biology & Ecology Institute of New Zealand and is the author of this very interesting little book.

More than 100 pages where Reinhard explores and explains how to choose a healthy building site, how to refurbish and create a healthy sanctuary in your polluted home, how air conditioning affects your health and many more subjects!

RRP \$15

Order it through www.wise-mens-web.com or www.happyology.com

Your story

This is your space! Write and share your story with the rest of the world. Don't be shy and email me NOW.

Try to illustrate it with a photo if possible.

2. TRUE STORY

Clear your pathway... for a really quick result!

I work as from home as a therapist. My business was a little bit too slow for the last few weeks so, I decided to have a look what Feng Shui could possibly do to enhance my business.

I studied Feng Shui with Roseline and I remember her telling us (quite often) that the entrance was the first step to start *Feng Shuying* your house. I had a look outside and decided to trim the bush overgrowing on the clinic walkway.

Within the hour following this little 'trim', I got three unexpected appointments that perfectly fitted in my schedule.

I am always amazed how only one Feng Shui change can affect my life so quickly and so positively!



Clear your pathway!

In this example you will also make sure there is no gas leak.

Zan

3. POISON ARROWS THREATENING YOU

Chi travels in a curve. When it is forced into a straight line, it acts like a bullet from a gun or an arrow from a bow that threatens to wound anything at the receiving end. Feng Shui strives to protect a space or site from these poison arrows.

Urban environments are filled with poison arrows, as most cities and structures are built on the principles of straight lines. Road, driveways, pathways, walkways and sidewalks are usually straight. Buildings are crowded together so their roof lines point at each other. There is a profusion of corners, walls, poles, television antennas, billboards, tunnels, railroad tracks, trees, signposts, crosses on churches, and other straight or angular features capable of producing poison arrows.

Any straight line leading towards the front door of a house, directs Sha to the site. Straight lines that lead directly towards a main entry or that come almost to the entry and then turn to make a sharp angle are especially dangerous as they combine the effects of Sha and poison arrows. The energy becomes confused and congested.

Inside, straight lines come from the corners of other desks, cabinets or tables and can also come from long, narrow corridors or from the corners of hallways. These straight lines or secret arrows stab anything in their path, creating a feeling of pressure, tension, conflict and anxiety.

Make sure no straight lines, sharp angles, or points are directed toward your desk, bed, major sitting area and of course surely not toward your front door.

It is fairly easy to find and protect a space from poison arrows. If you can, remove the arrow. If it is not architecturally or logically possible, create a barrier between you and the arrow. Use artwork, plants, objects, pots, boxes or anything that is appropriate to the space and is pleasing to you.

You can also neutralize, deflect and send the arrow back to its source by placing a mirror with the reflective side towards the offending angle. The best shield is an element that controls the element of the arrow. If you cannot move, shield, deflect or cover the arrow, move your body to a less vulnerable space.

Roseline Deleu ☺



The tree is acting as a poison arrow. People placed lattice between the tree and their front door. I would have suggested to place this protection further away from the front door to give more comfort to the entering Chi flow.



This main electricity box is very dangerous and will affect the occupants' health. Placing a Ba Gua mirror above or on the front door will relieve some tension in the relationship but will not protect from all the EMF (electro magnetic field radiation) affecting health.

4. Quiz

WIN A CD Competition

Pictures are better than a thousand words.

How many poison arrows can you find here ? (same site - two different views).

Email your answers with descriptions to roseline@fengshuisteps.com to enter the draw and win Roseline Deleu first book 'Your First Easy Steps to Feng Shui' on CD.

Entries close 29 November 2004. Draw 30 November 2004.
The Winner will be announced in the 1 December '04 newsletter.



5. MIRROR or NO MIRROR?



Brigitte enjoys a mirror in her bedroom without having any 'bad Feng Shui' !

She made an elegant cover attaching the fabric to a bamboo stick. It is easy to slide the stick behind the mirror without any hassle and allows Brigitte a great night sleep.

Mirrors must be kept free of dirt and dust for optimum effects. Always hang mirrors so they are flat to the wall so as to avoid directing energy downwards encouraging a 'low perspective'. That is a more depressed outlook on life.

Be careful with the use of mirrors, observe what kind of view they reflect into a room. In the view is unpleasant or unsightly, the effect of the Sha Chi will be doubly intensified.

Never hang mirrors too low or too high so that the whole face cannot be seen in them, cutting off people's heads. This is a source of frustration and can produce headaches, resulting in the lowering of personal Chi.

The bedroom is a Yin, quiet place. Mirrors that reflect light and energy are very Yang. Mirrors will increase the energetic activity in any room. Children are often frightened and have disturbed sleep patterns when waking up and being confronted by mirrors in the middle of the night. Therefore keep to a minimum use of mirrors in a bedroom and don't have them facing towards the bed.

Extract of the book '20 Ways to use mirrors in Feng Shui'
by Jodi Brunner www.fengshuinet.net

6. PHOTOGRAPHS OF NATURE ELEMENTALS

Dwarfs, fairies, nymphs—these figures are common in the fairy tales of many diverse cultures. But are these stories fact or fiction? My own experiences show that the elemental beings actually exist, and also that there is an intelligence in earth, nature and landscape which is real.

I chose to show you a couple of pictures on which I encourage you to meditate.

I am sure that you will give another good look at the nature around you now!

Roseline Deleu 😊



Nelson River—SA (Australia)



Lake Eucumbene—NSW (Australia)

7. FENG SHUI IDEAS for the GARDEN



Terracotta love hearts to hang in your sector 2

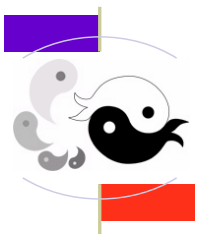


A tortoise is a 'Must' if your block slopes downwards

Spring being in the air, I went for a drive the other day to Posh Pots. They have a wonderful range of glazed pots and feng Shui ideas to decorate your entrance, pergola or garden. Visit their shop & warehouse 80 Hoskins Street Mitchell (ACT) open 7 days 6242 6511 or order on-line at www.poshpots.com.au

Special Feng Shui at POSH POTS only: RED glazed pots now available!

Roseline Deleu 😊



8. LANDSCAPING and FENG SHUI



A well placed water feature will attract wealth for the family

Imagine Green...

Many people think of their garden simply as the area of land that surrounds their house. Where I believe that with a little work and careful planning, your garden can become an extension of your home. You can create "amazing outdoor rooms."

Applying the right Feng Shui principles in your home and garden can offer inner peace, clear thinking and may even result in more money!

When designing a garden, there is a need to understand the home owners and what they wish to achieve. Are there any "must haves?" Perhaps a garden seat or water feature?

With the aid of the Feng Shui grid, I will determine which areas on your block are missing and those that need to be activated. How is the block situated in the street? Which direction does it face? Is the block sloped? What is the style of the house and what do the owners want?

There are many ways of creating a lush, green hideaway that suit your needs, perhaps an area to entertain friends and family, a play area for children, or, maybe that quiet, private spot in which to relax.

Whether you are a person who prefers to sit back and watch someone else create your dream garden or you are a DIY person who requires some practical assistance to design and create your dream garden, I can help. You will be provided with professional advice, plants to use, artistic design and the best type of water saving irrigation for your garden.

A beautiful garden can be a reality even on a tight budget!

Imagine Green...

Garden Design by Brenden Blewitt

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